

COMBAT MINDSET

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WHITE

Unaware and unprepared.

If attacked in Condition White, the only thing that may save you is the inadequacy or ineptitude of your attacker.

When confronted by something nasty, your reaction will probably be "Oh my God! This can't be happening to me."

YELLOW

Relaxed alert. No specific threat situation. Your mindset is that "today could be the day I may have to defend myself." You are simply aware that the world is an unfriendly place and that you are prepared to do something, if necessary. You use your eyes and ears, and realize that "I may have to SHOOT today."

ORANGE

Specific alert. Something is not quite right and has gotten your attention. Your radar has picked up a specific alert. You shift your primary focus to determine if there is a threat. Your mindset shifts to "I may have to shoot HIM today."

RED

Fight.

The mental trigger you set in Condition Orange has been tripped. You take appropriate action.